

Independent Travel: Checklist

These are the skills that someone needs to demonstrate to be an independent traveller. This is a check list for you to use with the young person to see how they are progressing and developing their skills. You may want to edit this to reflect your own experiences, the place where you live or the specific needs of the individual.

Before leaving on a journey	Comments	Tick when observed
Remember to fully charge my mobile phone		
Be able to plan a route		
Remember to take everything I need for the day (Mobile/bus pass/money/college badge/lunch)		
Know who to phone in an emergency		
Be able to identify what time I would need to leave to arrive at my destination in time		
I know what I have to wear depending on what the weather is like		
I can state my name and address or display this to someone using my mobile phone		
I know who I shouldn't give this information to		

One my Journey and Crossings	Comments	Tick when observed
I can walk safely from my house to a bus stop		
I can identify and use a zebra crossing safely		
I can identify and use a light controlled crossing point		

I can identify a safe place to cross that isn't a recognised crossing point		
I can identify where to stand safely on a kerb and know why I should do this		
I can identify three hazards other than cars that I need to think about when crossing the road		
I can identify the safest place to walk on a pavement		

Using Transport	Comments	Tick when observed
I can identify the bus stop that I need to use for my journey		
I can identify the bus I need to catch from the displayed information (display or timetable)		
I am aware where it is safe to stand at the bus stop when waiting for the bus		
I am able to state to the driver the destination I would like to go to		
I can pay for my fare or scan my pass correctly		
I can identify a safe place to sit on the bus and why I would sit there		
I can push the button in correct time to stop the bus in time for my stop		
I can exit the bus safely at the correct stop		

People that I meet and how to communicate	Comments	Tick when observed
I can identify who to ask for help or information and what they may look like		
I can ask for the correct information for my journey		
I can let my parent/carer know that I have arrived at my destination/on my way home		
I know what to do if I am unsure and cannot find anyone to help		
I would know how to correctly respond to a stranger		
I would know when to phone who is expecting me to let them know that I am running late or phone my parent/carer		

Other things I may need to do	Comments	Tick when observed
I can add contacts to my phone and have all the numbers I may need		
I know where to keep my phone so I can hear it if it rings or feel it vibrate		
I can make sure that my phone has enough charge throughout the day so I can phone		

someone on the way home if I need to		
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