

Sustrans is the charity making it easier for everyone to walk, wheel and cycle. Simply taking a walk or bike ride to get where you need to go is a great way to keep healthy in body and mind, save money and make new friends. For tips on how to get started and find safe local routes near you visit www.sustrans.org.uk. The National Cycle Network is a UK-wide network of signed paths and routes to help you explore the outdoors, just follow the blue signs and red route numbers to start your adventure.





# **TOURIST INFORMATION POINTS**



DORCHESTER: Shire Hall Museum, High West Street, Dorset. DT1 1UY

**BRIDPORT:** Town Hall, Bucky Doo Square, South Street, Dorset. DT6 3LF t: 01308 424901 email: bridport.tic@bridport-tc.gov.uk

**WEYMOUTH:** Information Shop, 98 St. Mary Street, Dorset. DT4 8NY email: info@weymouthinformationshop.co.uk

**PORTLAND:** Portland Visitor Information Centre, Crabbers' Wharf, Castletown, Portland. DT5 1BD

#### WHERE TO GO I HOW TO GET THERE I WHERE TO STAY I OPEN ALL YEAR



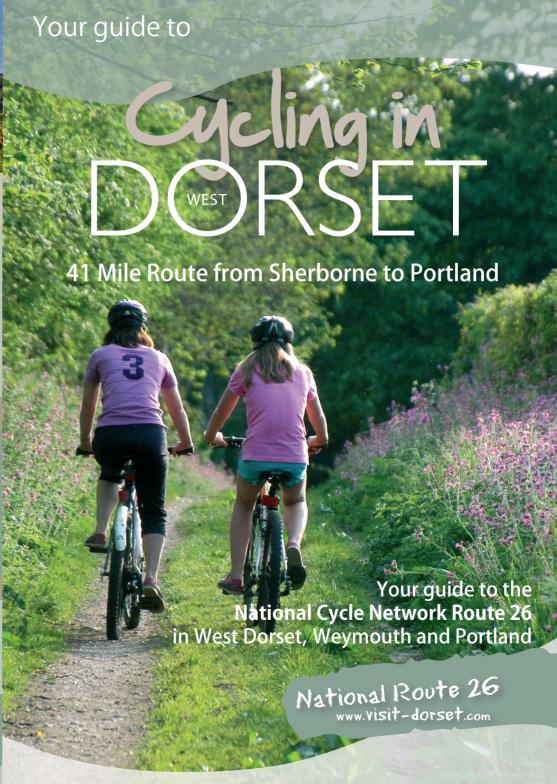
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For more details mailto:tourism@dorsetcouncil.gov.uk

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www.visit-dorset.com



# **betyee** to explore West Dorset at your own pace



With 400 square miles of countryside almost entirely designated an Area of Outstanding Natural Beauty, West Dorset is a great place to explore on two wheels. Here you'll find sleepy villages, bustling market towns, serene river valleys and green rolling hills. Our world famous Jurassic Coast is not far away and offers dramatic cliff-top views.

Use this leaflet to follow National Cycle Network Route 26 between **Sherborne** and Dorchester and on to Weymouth and Portland.

The entire route covers approximately 41 miles and is manageable in a day, but you can do as much or as little as you please. The

route includes the fascinating towns of Dorchester, Sherborne and Weymouth and many pretty villages along the wav.

If you are looking for somewhere to stay then why not visit our website www.visit-dorset.com where you can find an impressive range of high quality accommodation throughout West Dorset, Weymouth and Portland.

Remember to look out for the cycle friendly logo. This indicates accommodation with special facilities like a room to dry wet clothes and a

secure place to store your bike.

Details of places to eat out, free town centre maps, events, attractions and

other cycle routes in West Dorset are also available on our website or from our Tourist Information Points (see back cover).

Although most of National Route 26 is signed. you should use Ordnance Survey Landranger maps 183 &194 alongside this leaflet.

To report missing signs or for queries/ comments on the route please email activetravel@dorsetcouncil.gov.uk or contact the Sustainable Transport Team on 01305 224552.

Explore further and discover the beautiful scenery of France and South West England on the cross-channel Tour de Manche route. More information at www.tourdemanche.com

#### **Travelling by train:**

#### South Western Railway

London (Waterloo) to Weymouth services call at Dorchester South Station and Wevmouth. London (Waterloo) to Exeter services call at Sherborne and Yeovil Junction

#### First Great Western

Bristol to Weymouth services call at Yeovil Pen Mill, Thornford, Yetminster, Chetnole, Maiden Newton, Dorchester West and Weymouth.

For all rail enquiries call 03457 484950 or visit www.nationalrail.co.uk

# Safe cycling advice:

Remember to be visible, wear bright clothing and carry a waterproof. Take refreshments, OS maps and a cycle repair kit. Always follow the Highway Code and remember country lanes can be narrow and busy with farm and local traffic at times so please be extra vigilant.

#### Cycle Repair Centres: Yeovil

#### Evans Cycles EV

76 Lyde Rd, Yeovil, Somerset BA21 5DW T / 34377 71768 www.evanscycles.com

#### The Bicycle Chain

Unit 2, Merlin Road, Lynx Trading Estate, Yeovil, BA20 2GZ T/01935 431937 www.bicyclechain.co.uk

Unit 4, Western Avenue, Houndstone Retail Park, Yeovil BA22 8YQ T / 01935 432737 www.halfords.com



#### Cycle Repair Centres: Sherborne

#### Rilev's Cycles

Trendle Street, Sherborne (Nr the Abbey) T/01935 812038 www.rileyscycles.co.uk

#### Hope 2 Cycle

The Old Parcel Office, Sherborne Railway Station, DT9 3NB T/01747 851397 www.hope2cycle.org.uk

#### Cycle Repair Centres: Dorchester

Unit 3, Weymouth Avenue, Dorchester, Dorset DT1 2RY T / 01305 251732 www.halfords.com



#### Cycle Hire and Repair Centres: Weymouth

#### Weymouth Bike Hire (hire only)

T / 07548 254634 www.wevmouthebikehire.co.uk

#### Tilley's Cycles (hire and repairs)

9 Frederick Place, Weymouth, DT4 8HQ T / 01305 785672 www.tilleysmotorcycles.co.uk

#### Mud Sweat & Gears

Link Park, Chickerell Link Rd, Weymouth, DT3 4FL T / 01305 784849 www.mudsweatngears.co.uk







*forHand* 

The route details opposite are in a north to south direction from **Sherborne** to **Portland** but you can cycle the route in either direction and do as much or as little as you please. Dorchester to Portland is about 14 miles and a pleasant, traffic free, leisurely day ride. Select part of the route nearest to your holiday

accommodation, catch the train and cycle on from the station or simply use this map as a guide to explore West Dorset, Weymouth and Portland for yourself. To help you get started, the point where the National Cycle Network routes start in Sherborne and Dorchester are shown on the maps of each town. Don't forget to use Ordnance Survey Landranger maps alongside this leaflet.

Note: mileages are included only as a

**Download your FREE Discover Dorchester** App - your 'Guidebook on the Go'

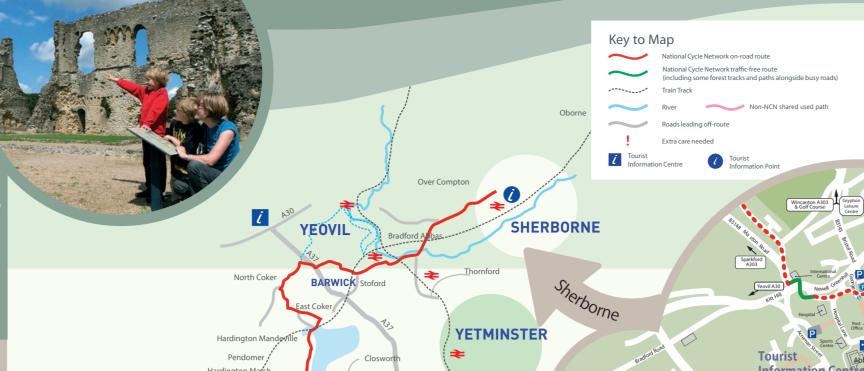
activities and events.
Visit discoverdorchester.co.uk to find







To discover more about Sherborne, visit: www.visit-dorset.com/sherborne



The National Cycle Network Route 26 starts on Lenthay Road and Horsecastles. This is marked on the map. If you need to pick up some supplies before you set out, Cheap Street is the main shopping street in the town.

**MAIDEN NEWTON** 

**WEYMOUTH** 

**PORTLAND** 

**National** Route 26 DORCHESTER

**National** Route 26 from Dorchester ····· For Weymouth, pick up the National Route 26 signs on Weymouth Avenue and for **Sherborne** at Colliton Street

Section 1 Sherborne to Barwick (Approx 5.5 miles)

Much of this part of the route is made up of level country lanes with views to open countryside.

From the start of the National Route 26 signs on Horsecastles and Lenthay Road, continue for approx 2.5 miles. Turn left at the junction signed Bradford Abbas and continue along this lane. Continue over a small bridge, signed Clifton Maybank, and at a junction turn right and follow the signs for Stoford. Pass under a railway bridge and continue until you reach a T-junction at **Stoford** (take care at this junction!). Turn left and then right. The village green should now be on your left. Pass under a railway bridge. Turn immediately right. Follow the track up and round to the left. Turn right into Southview. Pass the school on your right. At the junction bear right entering Church Lane. Continue past the Church (on your left) and up a steep hill through a high narrow, hamstone cutting.

# Section 2 Barwick to Sutton Bingham Reservoir (Approx 5 miles)

This part of the route is also mostly level. The route through East Coker to Sutton Bingham Reservoir is very pretty and at the reservoir there is a picnic spot where you can enjoy a well deserved break.

Use the short section of cycle path to the roundabout and to cross the busy A37. Dismount and cross the A37 using the island provided to reach the lane on the other side, next to the pub. (This part of the route is currently unsigned.) Continue along the narrow lane (grass grows in the middle in places). At the T-junction turn sharp left to East Coker. After about 2 miles at a T-junction turn left. Here you will pick up the National Cycle Network route signs again. After about 1 mile at the T-junction turn right. Continue down the hill under the railway bridge to Sutton Bingham Reservoir.

# Section 3 Sutton Bingham Reservoir to Maiden Newton (Approx 9 miles)

Most of this section of the route is guiet and level. There is one very steep hill as you take the road towards Closworth. At Cattistock you will find a post office, stores, a pub, playground and phone box. This is a great place for a picnic lunch especially if you are cycling with children. Maiden Newton also has all the amenities of a large village; newsagents, pub, post office, car parking and a train station, making it a great starting point to pick up the route in either direction.

Cross the embankment over the reservoir (take the first left for picnic stop or second left to see historic Norman Church). Continue towards the village of Halstock. At the crossroads turn left, sign-posted Closworth. Continue up a steep hill to Clarkham Cross. At the T-junction turn right. Follow this lane for 2 miles. At a T-junction turn right. (Turn left to explore the village of Evershot.) Go over a small bridge. At the next junction turn left. Continue along this lane through the villages of Rampisham, Wraxhall and Cattistock to Maiden Newton. Take care entering Maiden Newton. The town can be busy. At the T-junction turn right. Continue past the war memorial. At the Cross Monument, turn left. You are now in the centre of Maiden Newton and on the busy A356.

# Section 4 Maiden Newton to Dorchester (Approx 8 miles)

This part of the route is mostly level. Large sections are traffic-free making it ideal for novice cyclists and children. The last section that runs along the A37 is traffic-free, shared foot/cycleway.

Take the first right into Frome Lane to Frome Vauchurch. Continue along this lane. At sharp bend, follow road round to the right. At the T-junction turn left. Follow signs to Cruxton and follow the quiet lane alongside the river. At Cruxton the route becomes a bridleway and passes the hamlet of Notton. (Cyclists can use bridleways but must give way to other users.) There are a number of gates and cycle friendly style gates to negotiate along this lovely traffic-free stretch. Continue to Southover (on-road) then Frampton (traffic-free/bridleway). You may wish to explore the village of Frampton. Turn left, on leaving the bridleway and a short distance down the road there is a bridge over the River Frome and a village green next to the river. Continue along the route. You will reach a private road which is actually a bridleway to the small hamlet of Muckleford. Cross over the crossroads. Take great care here. Follow the narrow country lane for about 2 miles to Bradford Peverell. Continue through the village. Turn left and follow the lane. Go under the railway bridge. You will reach a crossing point on the busy A37. Cross this on foot. The National Cycle Network route follows a shared foot/cycleway along the A37 all the way to Dorchester.

From the A37 take a left turn signposted Charminster. At the crossroads go straight over. You will pass a Church on your left. At the top of the hill, follow the road around to the right past the entrance to Wolfeton House. Follow this road and join the shared foot/cycle route on the A352. Cross the road at the traffic lights by the Sun Inn Pub. Continue to follow the cycle route/path alongside the A352. The route follows the river and will bring you into **Dorchester** by **Hangman's Cottage**. Alternatively if you approach **Dorchester** from the A37 you will come to the end of the signed National Cycle Network route just on the outskirts of **Dorchester**, just south of a petrol station.

# Section 5 Dorchester to Weymouth (Approx 9 miles)

There is a gap in National Route 26 through the centre of **Dorchester**. Please go carefully on the busier roads. To rejoin the route: From Glyde Path Road turn right onto Colliton Street, cycling past County Hall and then turn left onto the Walks. Dismount and cross High West Street using the zebra crossing, then continue down The Walks, cross Princes Street and carry on down West Walks past Borough Gardens. At the bottom, turn left into Bowling Alley Walk and then follow South Walks all the way to Icen Way. At Icen Way turn sharp right onto South

> over the railway bridge and carry straight on into Culliford Road. At the junction with Lucetta Lane, bear right round the roundabout and into South Court Avenue; from this point rejoin National Route 26 and follow signs all the way to **Weymouth**. Follow the signs left into Manor Road, left into Herringstone Road then right down a traffic free path passing under the railway to Weymouth Avenue. Cross the road at the signalised toucan crossing then turn left down the cycle path. Cross the Tesco roundabout and pick up the cycle path to Stadium Roundabout. Take care crossing the A35 then follow the National Route 26 traffic-free path adjacent to the

Walks Road, then left down Culliford Road North. At the traffic light junction with Prince of Wales Road, go straight on and

A354 signed "Weymouth" all the way to Manor Roundabout. From here follow the signs on a short on-road section then pick up the traffic free cycle path alongside Radipole Lake and follow the signs to Westham Bridge. At this point you can either park your bike and explore Weymouth or push onto Portland.

#### Section 6: Weymouth to Portland (Approx 4.5miles)

At Westham Bridge follow the signs to **Portland**, use the subway to pass under the A354 and then pick up the traffic free Rodwell Trail, a disused railway line. Follow this for 2 miles to Ferry Bridge and cross Portland Beach Road using the signalised toucan crossing then turn left and follow the path next to Portland Beach Road past Chesil Beach Visitor Centre to Osprey Quay. At the first roundabout cross the road and follow the path through Osprey Quay to pass the National Sailing Academy, Portland Marina and Portland Castle. Follow Mulberry Avenue and Lerret Road to reach Fortuneswell.

You can find out more information about all the routes on the National Cycle Network at www.sustrans.org.uk/ncn SUStrans





# So much to discover along the way...

# En route through West Dorset's towns & villages...

# Sherborne

Sherborne is one of West Dorset's prettiest towns. It nestles in green valleys and wooded hills and has so much to offer. It's a thriving cultural centre, home to delightful and varied shopping, hand-crafted goods and elegant fashions. It's well known as the home to many fine art and antique shops and every Thursday and Saturday you can enjoy the busy atmosphere of the open-air market in Cheap Street. A Farmers' Market is held every third Friday of the month.

Don't miss visits to Sherborne Abbey, museum, the 15th Century Almshouse and two castles.

#### **Bradford Abbas (Pub)**

To explore Bradford Abbas you will need to detour off route slightly. The pretty Church of St Mary is worth a look.

#### Barwick

Barwick was first mentioned in 1185
when it belonged to Walter de
Canteleu. Here you will find the 13th
Century church of St Mary Magdalene
with magnificent carved medieval bench
ends. The park around Barwick House is
dotted with strange follies including 'Jack
the Treacle Eater' named after the servant lad
Jack, who apparently ran to London with a message
and nothing but a jar of treacle to sustain him. You will need
to detour off route to see the Barwick Park Follies.

# East Coker (Pub)

East Coker's most renowned resident was the great navigator and pirate, William Dampier who was the first Englishman to set foot in Australia. He explored the west coast and was navigator on the ship that rescued Alexander Selkirk, the real-life Robinson Crusoe.

Until the 19th Century flax was grown in many areas locally and every cottage had a loom for weaving 'Coker cloth'. Flax from this village was used in Hillary's ascent of Everest and to lower Churchill's coffin at his interment.

Other notable points of interest include T.S.Eliot's ashes which are buried in the churchyard and one of the finest freestanding Elm trees in Europe.

### Sutton Bingham Reservoir

Sutton Bingham Reservoir is a mature reservoir in a beautiful setting and offers brown and rainbow trout fly-fishing, with facilities for the disabled. It is an ideal spot for watching water birds and enjoying picnics. There is a picnic spot, just over the bridge, turn left. The lovely little Old Saints Church nearby was built around 1111 A.D. It has only had one period of major alteration in about 1300 and has a very fine chancel arch and medieval wall paintings.

# Halstock (Post Office and Shop)

The church of St Mary has a nave (1845) by Pugin, the famous Gothic revival architect. The chapel is dedicated to St Juthware (Judith), who carried her own head to the alter after being beheaded in the 7th or 8th Century by her brother, who

mistakenly accused her of being pregnant. A number of Dorset Inns have since been named 'The Quiet Woman'.

#### **Detour into Evershot**

(Shop, Pub and Post Office)

The detour from the route into Evershot is approx 1 mile. This is a pretty village with a great variety of architecture. It is the source of the River Frome, which flows from here to Poole Harbour. Thomas

Hardy used Evershot for his novel Tess of the D'Urbervilles and renamed it Evershead.
Tess had breakfast in one of the cottages here. It was also used as a film location for Jane Austen's Emma in 1995.

#### **Cattistock**

(Pub, Shop and Post Office)

Cattistock has one of the finest
19th Century churches in Dorset.
The tower is unusually high and
visible for miles and the church
is beautifully painted inside. If you
are cycling with children, Cattistock

offers a playground, pub and shop, making it good rest stop.



There is much to explore in Dorchester.
You can find out more from the Tourist Information Point inside Shire

Hall Museum and pick up leaflets and trails to help you explore the town and its attractions. If you want to explore the heart of Thomas Hardy Country, visit Hardy's birthplace at Higher

Bockhampton and Max Gate, his later home of his own design, on the edge of town (both are National Trust properties).

Dorchester makes a great lunch location with so many eateries to choose from. If you prefer to relax with a picnic in Dorchester's green spaces, the Borough Gardens and Salisbury Fields are only a short distance from the main shops. Both offer play parks and plenty of open space for the children. If you fancy a waterside stroll head for the River Frome and enjoy the views across the water meadows, only two minutes from the town centre.

# Maiden Newton

Maiden Newton has all the amenities of a large village; newsagents, pub, post office, parking and a train station. It provides a good place for a rest stop with plenty of refreshments on offer. With the train station and parking this is a good starting point for exploring National Route 26.

# Frampton

Frampton has many bridges that criss-cross over the River Frome. The White Bridge and Peacock Bridge are both 18th Century. The latter is also known as 'Wren's Bridge' and was built from a design by Sir Christopher Wren. The village has attractive cottages on one side of the street overlooking open fields. The owner of Frampton Court (now demolished) had all the cottages on the opposite side of the road removed to 'improve' his park.

# **Bradford Peverell**

Bradford Peverell is the birthplace of John Hutchins (1698-1773), Dorset's most famous historian.

# **Wolfeton House**

Wolfeton House is a fine Grade 1 listed medieval and Elizabethan House and is well worth a visit. The medieval gatehouse is the earliest surviving part of the house and has two unmatched and older towers. The Medieval Gate House is owned by the Landmark Trust and is let as a holiday cottage. Check opening times online.

If you approach Dorchester along the A37 you will see water meadows on either side of the road. To the right is Poundbury Hillfort and the Roman Aqueduct.

# Dorchester

Dorchester is the county town and the 'Casterbridge' of Thomas Hardy's novels, our most famous literary genius. Thomas Hardy claimed that on market days, Dorchester reminded him of old Rome. Regular markets are still held every Wednesday and a Farmers' Market is held in nearby Poundbury on the fourth Saturday of the month.

# Weymouth

Weymouth's golden sands and buzzing, waterfront harbour are the perfect place to enjoy a day by the seaside. Weymouth offers the visitor an exciting mix of attractions all within walking or cycling distance from the promenade and there is a packed events calendar with celebrations all year round.

An amble along the esplanade will take you past the statue of King George III who spent many holidays in Weymouth to remedy his ill health. Further

along is the Jubilee Clock, one of the seafront's most prominent landmarks which was erected in 1887 to celebrate the 50th year of Queen Victoria's reign. If you're looking to revitalize and refuel, Weymouth has an enticing array of waterside restaurants to cater for all tastes. Make the most of your visit and pick up an information leaflet at one of the Tourist Information Points around the town (see www.visit-dorset.com for details).

# **Portland**

National Sailing Academy that hosted the Olympic and Paralympic Sailing events in 2012. Portland is a true explorers' island with curiosities and history and folklore just waiting to be discovered. Make sure you stop off at the Chesil Beach Centre, situated halfway along the causeway, and don't miss the lighthouse at Portland Bill. Portland has some great places to eat with most boasting fantastic views of the dramatic

coastline and Chesil Beach.

Rugged and relaxed, Portland is famous for its

